

GHTA LEADER'S SPIEL CHEAT SHEET

Introduction: Leader, Sweep, participants,
?special medical issues

The Event: kms, time, pace, difficulty,
return time

Preparation: water, nutrition, footwear,
clothing, sunscreen bug juice, ?poles, helmets for
bikers; safety gear for paddlers

Risks: injury

Waiver: hikers accept the risks and will not sue
GHTA or Landowners, agree to obey hike Leader
and Sweep, non-members must sign waiver

Leader to record hikers on hike and their
contact information.

GHTA Hike Leader's Spiel – backgrounder

(Note these comments apply for all events organized by the GHTA Inc.)

Introduction: if participants are not known to the group, give a round of introductions; identify yourself as Leader, and identify the Sweep; quickly ask that if there is anyone with medical issues (such as bee sting allergy, etc.) they should let the Leader know privately now before departure.

The “Hike”: this information ideally is in the event description wherever it is “published”, but briefly review these points.

Preparation: Ask if everyone has water, snacks, food necessary for the length and nature of the event. Helmets recommended if biking, and safety gear such as life jackets when paddling. State whether poles are desirable, and why (may have frequent loose stones, slippery hills, etc.). (This ideally is in the hike writeup as well – but some people are there without having read the writeup).

Risks: injury may include broken bones, scrapes, poison ivy, heart attack, dehydration, insect bites including ticks, infection due to contagious disease

Waiver: verbatim from the cheat sheet; it's understood that members have read the waiver form; non-members must read and sign the waiver, the leader needs to have a few printed waivers handy, plus a pen for the hiker to use.

This “backgrounder” and Cheat Sheet (see first page) are intended to aid the Leader in providing an adequate spiel at the start of a club hike/bike ride/kayak, to ensure that participants are informed of the risks. Whether there is a waiver or not, it is the fact that they have been informed of the risks that is crucial (for members and non-members).